

TREATMENT MENU



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am spa

- Kruger -
- Hoedspruit -



ABOUT US

AM Spa – Kruger is a world class award winning spa facility situated in the heart of the Skukuza Rest Camp in the Kruger National Park. The Spa captures the stillness of the bush, punctuated by birdsong and the rustle of leaves.

TRADING HOURS:

08:00 - 20:00 (MONDAY - SATURDAY)

08:00 - 17:00 (SUNDAY)

REFRESHMENTS:

AM Spa patrons are welcome to help themselves to our complimentary coffee, tea, juice or infused water throughout their pamper journey.

PACKAGES AND PRODUCTS:

Please enquire from your therapist for the package/treatment/product that will most suit your unique wellness needs. AM Spa uses only professionally recognized skincare brands backed by international expertise and training.

SPA ATTIRE:

Robes, towels and slippers will be provided. For your comfort, underwear may be worn at all times. Alternatively, disposable underwear will be provided. Please remove all jewellery and store it within the provided locker.

SPA POLICY:

Please arrive 15 minutes prior to your appointment.

Reservations: Booking prior to arrival is recommended to secure treatments.

Full Payment or a gift voucher number is required when booking for groups of four or more. 24 hours advance notice is required for cancellations or rescheduling, after which a 50% cancellation fee will be charged. Late arrivals will have their treatment times reduced accordingly.

Prices are subject to change without notice.

Mobile phones to be turned off upon arrival.

Management and staff are not liable for loss or damage to personal property – Please leave valuables at your chalets or in one of our lockers.

Treatments and Packages are non-refundable, non-transferable and may not be exchanged for other treatments or products.

Gift vouchers are valid for treatments only and will not be exchanged for products or cash.

MASSAGES

MINUTES

ZAR

African Pinotage Deep Tissue Muscle Melt

60 | 90

690 | 850

A unique blend of aromatherapy and plant oils chosen specifically by you, combining deep tissue massage techniques and stretches to bring relaxation to tired, aching muscles allowing the body to return to perfect balance.

Royal Shea Butter Skin Nourish

60 | 90

690 | 850

A rich blend of natural ingredients and shea butter using classic Swedish massage techniques, this treatment will leave you feeling revitalized and restored and provide the skin with the ultimate nourishment in needs.

Royal Calabash Celebration

60 | 90

790 | 950

A combination of powerful African aromatherapy oils and botanical body balms using traditional African Calabash tools in this indulgent ritual, the ultimate source of relaxation to bring balance your mind, body and soul in the heart of the bush.

Rungu Royalty Massage

60 | 90

790 | 950

An African massage whereby Rungu Sticks are used to ease tense muscles and give a complete African healing experiences.



	MINUTES	ZAR
African Head Massage	30	390
Back Neck and Shoulder Massage	30 45 60	400 500 600
Reflexology A system of massage used to relieve tension on the body, based on the notion that there are reflex points on the feet linked to every part of the body.	45 60	550 700
Hot Stone Massage A medium pressure massage combined with hot stones of which the energy flow of the stones gives the body an intense relaxation.	60 90	690 850
SIGNATURE EXPERIENCES:		
African Bush Escape Receive a luxurious facial ceremony and an African footprint pedicure.	120	900
Journey to the Soul of the Earth Pamper yourself with our hydrating body Wrap.	90 120	1300 1500



	MINUTES	ZAR
Express Journey A reviving 30 Min back and Neck Massage, Body Polish and Express Manicure and Pedicure.	120	1000
Hydrating Journey A relaxing Royal Body Glow treatment, Shea Butter massage and 30 Min Hydrating Facial.	120	1200
Pamper Journey A rejuvenating Hotstone Massage, Healing Earth Facial, African Hand and Footprint Ritual.	180	1600

DUETS

Couples Royal Romance An indulgent full body and scalp massage for two, using only the finest aromatherapy oils to create a feeling of oneness, love and abundance. The Royal Romance includes a glass of sparkling wine.	90	1500 FOR TWO
Royal Safari Couple Indulgence Indulge in our signature full body package which includes a full body massage, Facial, Body Polish, Body Wrap, and the choice between a manicure or pedicure. This package includes a healthy meal and glass of sparkling wine.	220	3500 FOR TWO



SKINCARE

	MINUTES	ZAR
Healing Earth Royal Safari Facial Therapy	60	530
DERMALOGICA UltraCalming Treatment	60	550
DERMALOGICA Skin Treatment	30 / 60	300 / 550
DERMALOGICA Age Smart Treatment	75	650
DERMALOGICA Mini Facial	30	300
Healing Earth Mini Facial	30	265

BODY TREATMENTS

Royal Glow Body Wrap	30	450
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Our body polishes are specifically designed to gently remove dead skin revealing smooth, soft and nourished skin. Our polishes are made from finely ground walnuts in a base of pure African shea butter mixed with organic coconut oil and precious indigenous essential oil from the continent.

Soul of the Earth Cocoon Mask	90	1050
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Our targeted body masks are designed to treat specific guest concerns creating both immediate and lasting results. The experience starts with an invigorating dry body brush, and can be combined with our body polish from the same product family amplifying the results. This treatment includes a full body massage with Earth Soul aromatherapy oil from the same product family.



HAND AND FOOT TREATMENT

African Footprint Ritual

Melt away stress and rejuvenate your tired feet and legs with this specialized foot treatment which will leave your feet feeling beautifully hydrated, softened and silky smooth to conquer the African Bush.

MINUTES

30

ZAR

300

African Handprint Ritual

Give your hands the boost they need with this hydrating hand treatment which will leave them renewed and revitalized in no time.

30

200

BEAUTIES AND BUDDIES:

Beauties and buddies are specialised treatments for **children** between the ages of 2 and 12. Our skilled staff have been trained to work with children of all ages and make use of organic products that are suitable to the most sensitive of skin types.

Safari Feet (Finger and Toes)

Bubble Soak, Scrub, Massage and Tickle... followed by a nail shape and polish to get ready for your bush adventure.

30

200



Fresh Faces (Natural face Cleanse)

Enjoy basic skin care while using all-natural eco friendly cleansing and moisturising products.

Bush Chill (Scrub and Massage):

Back, neck & head massage to release the stress of being so innocent and carefree!

Relaxed Ranger (Full Body)

Full body massage.

DUETS (PARENT & CHILD)

Grab Mum or Dad for a day of pampering after your bush adventure. Create unforgettable memories to last you a lifetime. All treatments are performed in the double treatment Room.

Tracker Relax

Start with a self scrub, followed by a hot stone back massage to release tension and promote good sleeping patterns. End this treatment with a relaxing scalp massage.

Pink Ranger

Starting with a self scrub, followed by a mini-pamper facial ending with a foot or hand massage.

Add on Treatments

Back Exfoliation 150

Foot Peel 150

Gel Paint 80

MINUTES

ZAR

30

250

30

250

30

300

90

1450
FOR TWO

90

1450
FOR TWO



GROOMING

	MINUTES	ZAR
Eyebrow Tint	15	100
Lash Tint	20	110
Lash and Brow Tint	30	130

WAXING

Brows	20	90
Lip	15	70
Full Facial	45	220
Abdomen	30	300
Underarm	15	140
Half Arm	30	130
Chest	30	160
Full Leg	45	250
Half Leg	20	180
Full Back	30	300
Standard Bikini	20	160
Brazilian Bikini	30	200
Full Bikini (Hollywood)	45	250



MANICURE AND PEDICURE

All SANPARKS staff receive 10% discount on the below manicure and pedicure treatments.

	MINUTES	ZAR
Express Mani	30	150
Express Pedi	45	160
Mani with Gel Application	60	330
Pedi with with Gel Application	60	350
Mani with Infinite Shine	60	250
Pedi with Infinite Shine	60	280
Nail Preparation and Gel Application	45	200
Nail Art (Per Nail)	N/A	20
Nail Repair	15	30
Soak Off	30	80
Acrylic Fill	75	150
Acrylic Fill with Gel Application	75	250
Acrylic Natural Overlay	60	250
Acrylic French Overlays	75	280
Acrylic with Gel Overlay	75	300
Nail Tips	75	275
French Tips	75	290
Tips with Gel Application	75	350
Paraffin Dip Mani	60	300
Paraffin Dip Pedi	60	300



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